



## **1.1—PREPARATIONS FOR THE DAY**

**Facilitators,**

**Be sure to check over this list before your scheduled session in order to have time to prepare for any necessary details or fun activities added to the coaching day.**

**You are so appreciated, and we wanted you to be fully aware of anything coming up to make your day go as smoothly and fun as possible.**

**Thank you for all you do!!**

1. **PRAY**—The most important thing you can do for your group leading up to your coaching day is to pray.
  - a. Pray for the members of your group, their marriages, their schedule and health to allow them to attend, and their receptiveness to the lessons.
  - b. Pray for the technology being used on your coaching day to cooperate and work properly.
  - c. Pray for the hospitality group that they are blessed for their service to making your GM sessions so special.
  - d. Pray for you and your spouse. Pray for your marriage to grow and point people to Christ as you serve and help others grow in their marriage.
2. **PREP**—See below at what you'll need for this coaching day.
  - a. Always have soft music ready to play in the background when participants are working in their book on their own or when they are talking one-on-one with their spouse. This will make the room feel more inviting and add some noise, so it feels more private for conversations. [HERE](#) is a great playlist to try.
  - b. Also, have music to play during breaks that is fun and energetic to keep the day lively and exciting. We recommend a playlist like this [ONE](#). Or you can create your own playlist of the couples' love songs in your group. Ask them when they first arrive to give you their "song" and make a playlist of all these songs to play throughout the day.
  - c. If there are any audio/visual needs for the day with teaching videos, games/activities, microphones, music, slides, etc., make sure you confirm these details with the A/V director.
3. **PRACTICE**—Do a run through of the facilitator guide with your spouse to know what the day looks like. Some facilitator couples like to do the lessons with their spouse before the coaching day so they can better focus on the couples in their group and the time constraints for each lesson. However you all enjoy it best, be acquainted with the lessons and schedule of the day.